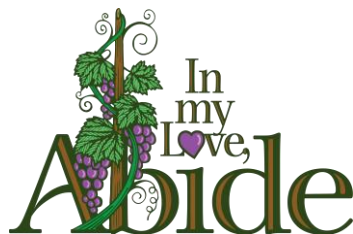


Retreat Schedule

2024-2025



FRIDAY

6:00 PM	Dinner
7:45 PM	Opening – Main Conference Room (MCR)
8:30 PM	Evening Prayer – Chapel – 2nd Floor (Chapel)
9:15 PM	Refreshments – Dining Room (DR)

SATURDAY

7:30 AM	Rise
8:00 AM	Morning Prayer (Chapel)
8:30 AM	Breakfast (DR)
9:30 AM	Conference (MCR)
10:30 AM	Small Group Discussions (Locations TBA)
11:15 AM	Reconciliation (Chapel)
12:30 PM	Lunch (DR)
1:30 PM	Reflection Time – Options: Centering Prayer, Lectio Divina, Adoration/Rosary, Wellness
2:45 PM	Workshop Introductions (MCR)
4:15 PM	Promoter Meeting (Monastery Lounge)
5:00 PM	Mass (Chapel)
6:00 PM	Dinner (DR)
7:15 PM	Conference (MCR)
8:15 PM	Evening Prayer (Chapel)
9:15 PM	Movie (1 hr) Optional (MCR)

SUNDAY

7:30 AM	Rise
8:00 AM	Morning Prayer (Chapel)
8:30 AM	Breakfast (DR)
9:30 AM	Conference (MCR)
10:00 AM	Wrap up
10:45 AM	Closing Mass (Chapel)
Noon	Brunch (DR)

Welcome to Holy Family

Helpful Information:

- Your families are welcome to attend the closing Mass on Sunday at 10:45 AM, followed by Brunch in the Dining Room.
- Credit card payment for the retreat offering is to be made in the Retreat Office
- Spiritual Direction: see a retreat team member on Friday evening
- Conference with a retreat team member: sign-up on doors
- Special counselors may be available during the weekend. Please ask a team member
- Massage Therapy may be available during your retreat. Listen for announcements at the opening session

Housekeeping Items of importance:

- PLEASE use lids for drinks
- Doors are locked at 11:00 PM
- Adjust the heat in Retreat and Monastery Buildings with the device on the radiator in your room
- Emergency phones are located on each hallway with numbers to contact staff members

Before you leave on Sunday:

- Please refer to the sign in your room for laundry instructions
- Please turn off the heat in your room before leaving
- As you leave on Sunday, please return name badges and lanyards to the basket near the lobby exit and mark any changes on the badge
- Please take packets of Mass Cards home so that you may have a supply to use as needed

God Bless You and Your Families!

