

Workshop Offerings



Walking with the Disciples

Sr. Maryann Cantlon, CSJ

We will accompany the disciples as they walk with Jesus in hope, not knowing how this journey will end, yet staying on the road in spite of many distractions along the way, then compare our own journey to theirs.

The Journey Home

Mike Norko

In this workshop, we will be exploring the pilgrimage that is our life's journey and asking what its goal is, and how we should think about and make the journey. In the discussion, we will be drawing on scripture, St. Augustine, Fr. Henri Nouwen, and other spiritual writers.

The Saints: Paragons of Hope

Noel Terranova

The saints of the Catholic tradition give us very real, human examples of how to live out the call to holiness of our Christian faith. The call to live as people of hope can be a great challenge when hope is fragile in our lives or in the times we live in. This workshop will look to exemplars of hope from the Catholic tradition *and beyond* to bring us into dialogue about how to live the virtue of hope in our everyday lives.

Lectio Divina (women's retreats; offered during prayer time on men's retreats)

Deb Brown-Norko

The Scriptures are an unending source of wisdom, and we believe that the Spirit of God speaks to us through the sacred texts. Lectio Divina is a rich and ancient practice of listening deeply to the voice of God speaking to us personally through the words of Scripture. We will spend our time together in quiet, listening intently to a passage of scripture and sharing our experiences with one another.