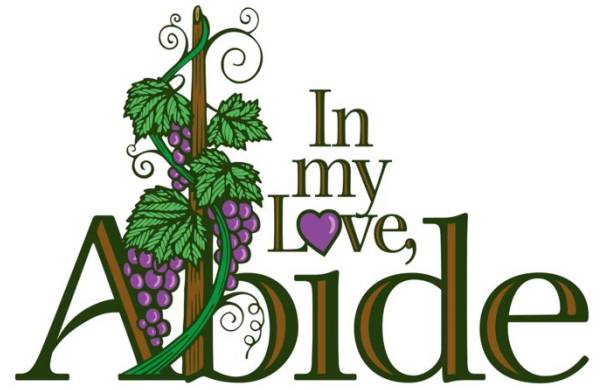


Workshop Offerings



Praying with the Psalms

Sr. Maryann Cantlon, CSJ

This workshop will unfold the invitation to each of us to pray more often with the psalms, as they allow us to pass through the heart and mind of Christ. The psalms assure us that we are protected by God on our journey; as a matter of fact, in praying these ancient prayers, we have already arrived at home because according to Psalm 107: “his steadfast love endures forever.”

In my Love, Abide: Praying the Our Father

Fr. Terry Kristofak, CP

The Our Father is perhaps the prayer most often prayed throughout the world. It is the primary prayer for Jesus' disciples. This great prayer has often become routine. It can be worn out. Fr. Terry would like this prayer to have new life for us. In this workshop can we learn again the power of this prayer. Prayer is not just words, but the desire to live a prayerful life.

Lectio Divina

Deb Brown-Norko

The Scriptures are an unending source of wisdom, and we believe that the Spirit of God speaks to us through the sacred texts. Lectio Divina is a rich and ancient practice of listening deeply to the voice of God speaking to us personally through the words of Scripture. It is not about acquiring knowledge of scripture, but of encountering the text. We will spend our time together in quiet, listening intently to a passage of scripture and sharing our experiences with one another.

Finding God in Every Day: Praying the Ignatian Examen

Noel Terranova

Some forms of prayer invite us to personal reflection in the context of our everyday lives, and the most notable prayer of this type is the Examen of St. Ignatius of Loyola. St. Ignatius invites us to find God in *all things*. That means we must pay careful attention to how the Spirit is moving in each moment of our daily lives. In this workshop we will learn about the Examen, pray the Examen, and learn how to use the Examen as a prayer resource after the retreat.